



The New England Center
for Children®
Autism Education and Research

Lunch Menu

May 2026



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|--|
| | | | | | 1 | 2 |
| | | | | | WG Cheese, Pepperoni, or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Carrot Sticks Spring Salad Dressing Fruit Cup |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Asian Beef WG Wrap Stir-Fry Vegetable WG Brown Rice Spring Salad Dressing Fruit Cup | Chicken Parmesan Sandwich on WG Bun WG Veggies Pasta w/ Chickpeas Salad Tossed Salad Dressing Fruit Cup | General Tso's Chicken Fried Rice Steamed Broccoli WG Tortilla Wrap Tossed Salad Dressing Pineapple | Chicken Pizza Quesadilla Veggie Quinoa Salad w/ Black Beans Spring Salad Dressing Fruit Cup | Beef & WG Macaroni Casserole WG Dinner Roll Italian Green Beans Spring Salad Dressing Fresh Fruit | WG Cheese, Pepperoni, or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Grilled Chicken Wrap on WG Tortilla French Fries Red Peppers & Tomatoes Spring Salad Dressing Pineapple |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Black Beans & Cheese Burrito on WG Tortilla WG Brown Rice Salsa Peppers & Onions Tossed Salad Dressing Fruit Cup | WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup | Chicken Sausage Sub on WG Bun Peppers & Onions French Fries Garden Salad Dressing Fresh Fruit | Chicken Fajita WG Spanish Rice Refried Beans Lettuce Cheese Salsa Fresh Fruit | Pulled Pork WG Bun Potato Chips Coleslaw Spring Salad Dressing Fresh Fruit | WG Cheese, Pepperoni, or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Chicken Strips WG Dinner Roll WG Brown Rice Baby Carrots Spring Salad Dressing Fresh Fruit | Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup | Fish Taco on WG Tortilla Black Bean & Corn Salad Spring Salad Dressing Fresh Fruit | Chili Cheese Nacho's WG Tortilla Chips Roasted Broccoli WG Brown Rice Spring Salad Dressing Fruit Cup | Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad, Dressing Apple Slices | WG Cheese, Pepperoni, or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Turkey Cheese Roll-Up on WG Tortilla French Fries Tossed Salad Dressing Fruit Cup | Closed Happy Holiday! | Korean BBQ Chicken on WG Wrap Lo Mein Salad Asian Salad Tossed Salad Dressing Fruit Cup | Vegetarian Five Bean Chili w/ Cheese WG Cornbread WG Brown Rice Corn Tossed Salad Watermelon | Cheeseburger Salad Wrap on WG Tortilla Lettuce, Tomato, & Pickle Macaroni Salad Garden Salad Dressing Fresh Fruit | WG Cheese, Pepperoni, or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes |

Milk is available at Lunch and Dinner



Food & Supply Source
By Buyers Edge Platform