



The New England Center
for Children®
Autism Education and Research

Lunch

•December 2025•



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Turkey Sloppy Joe WG Roll Potato Chips Carrot Sticks Tossed Salad Orange Slices	Vegetarian 5 Bean Chili with Cheese WG Cornbread WG Brown Rice Corn Tossed Salad Fruit Cup	Chicken Taco Bowl Lettuce & Tomato Cheese, Salsa Black Beans WG Brown Rice Spring Salad Dressing Fruit Cup	WG Chicken Parmesan Sandwich WG Bun WG Veggie Pasta Salad Tossed Salad Dressing Fruit	Choice of WG Cheese, Pepperoni or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken & Broccoli Ziti Spring Salad Dressing WG Breadstick Grapes
7	8	9	10	11	12	13
Chicken WG Nachos WG Tortilla Chips Black Beans, Corn WG Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce & Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	Fish Sticks WG Mac-N-Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Soft Beef Taco WG Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	BBQ Turkey Meatballs Roasted Sweet Potatoes Broccoli Salad Cornbread Fresh Fruit	Choice of WG Cheese, Pepperoni or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Sub Roll Tossed Salad WG Veggie Pasta Salad Carrot Sticks Spring Salad Fruit Cup
14	15	16	17	18	19	20
Cheeseburger WG Bun Lettuce & Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	Beef Frank WG Bun Baked Beans Garden Salad Dressing Orange Slices	General Tso's Chicken Fried Rice Steamed Broccoli WG Tortilla Wrap Tossed Salad Dressing Pineapple	Holiday Party!	Turkey WG Macaroni Casserole Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup	Choice of WG Cheese, Pepperoni or Vegetable Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap WG WG Brown Rice French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
21	22	23	24	25	26	27
Beef, Bean & Cheese Burrito WG WG Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	Beef Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	Open Face Turkey WG Sandwich Mashed Potato & Gravy Green Beans Cinnamon Spiced Apples Garden Salad Dressing Fruit	WG Chicken Fajitas WG Spanish Brown Rice Refried Beans Lettuce, Cheese, Salsa Spring Salad, Dressing Fresh Fruit	Closed Happy Holiday!	Closed Happy Holiday!	Vegetable Tamale Pie Corn Spring Salad Ranch Dressing Fruit Cup
28	29	30	31			
Chicken Stir-Fry WG Wrap WG Brown Rice Baby Carrots Spring Salad, Dressing Fresh Fruit	WG Cheese Calzone Marinara Sauce Roast Cauliflower Spring Salad Dressing Fruit Cup	Chicken Sausage Sub Peppers & Onions Potato's Au Gratin Green Beans Fresh Fruit	Tater Tot Nachos Beef & Chili Roasted Broccoli WG Brown Rice Spring Salad, Dressing Fruit Cup			

Milk is available at Lunch and Dinner



Food & Supply Source
By Buyers Edge Platform