



| Sunday                                                                                                               | Monday                                                                                                              | Tuesday                                                                                                              | Wednesday                                                                                                                                     | Thursday                                                                                                   | Friday                                                                                | Saturday                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| Aug 31                                                                                                               | 1                                                                                                                   | 2                                                                                                                    | 3                                                                                                                                             | 4                                                                                                          | 5                                                                                     | 6                                                                                                                                |
| Chicken Strips<br>WG Dinner Roll<br>WG Brown Rice<br>Baby Carrots<br>Spring Salad, Dressing<br>Fresh Fruit           | Closed<br>Happy Holiday!                                                                                            | WG Grilled Chicken Wrap<br>WG Veggie Pasta Salad<br>Salad<br>Choice of Dressing<br>Fresh Fruit                       | Chili Cheese Nacho's<br>WG Tortilla Chips<br>Roasted Broccoli<br>WG Brown Rice<br>Spring Salad, Dressing<br>Fruit Cup                         | Buffalo Chicken Sandwich<br>WG Bun<br>French Fries<br>Coleslaw<br>Spring Salad, Dressing<br>Apple Slices   | WG Cheese Pizza<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Chicken Sausage Sub<br>Pepper & Onions<br>Potato Chips<br>Baked Beans<br>Spring Salad<br>Dressing<br>Fruit Cup                   |
| 7                                                                                                                    | 8                                                                                                                   | 9                                                                                                                    | 10                                                                                                                                            | 11                                                                                                         | 12                                                                                    | 13                                                                                                                               |
| Turkey Roll-Ups<br>WG Breadstick<br>French Fries<br>Tossed Salad<br>Dressing<br>Fruit Cup                            | Turkey Frank<br>WG Bun<br>Baked Beans<br>Tossed Salad<br>Orange Slices                                              | Korean Chicken BBQ<br>WG Wrap<br>Lo Mein Salad<br>Broccoli<br>Tossed Salad<br>Fruit Cup                              | Vegetarian 5 Bean Chili with Cheese<br>WG Tortilla Chips<br>WG Brown Rice<br>Corn<br>Tossed Salad<br>Dressing<br>Watermelon                   | Cheeseburger Salad<br>Wrap(WG)Lettuce,<br>Tomato, Pickle<br>Garden Salad<br>Dressing<br>Fruit              | WG Cheese Pizza<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Chicken Parmesan<br>WG Penne<br>Tomato Sauce<br>Peppers & Onions<br>Spring Salad<br>Dressing<br>WG Breadstick<br>Grapes          |
| 14                                                                                                                   | 15                                                                                                                  | 16                                                                                                                   | 17                                                                                                                                            | 18                                                                                                         | 19                                                                                    | 20                                                                                                                               |
| Chicken and Black Bean Nachos<br>WG Tortilla Chips<br>Corn<br>Lettuce & Tomato<br>Salsa<br>Spring Salad<br>Fruit Cup | Chicken Patty<br>WG Bun<br>Lettuce & Tomato<br>Carrot Sticks<br>Ranch Dressing<br>Corn<br>Spring Salad<br>Fruit Cup | GF Chicken Tenders<br>WG Mac-N-Cheese<br>Green Beans<br>Tossed Salad<br>Dressing<br>WG Breadstick<br>Fruit Cup       | Soft Beef Taco<br>WG Spanish Brown Rice<br>WG Tortilla Chips<br>Black Beans<br>Cheese, Lettuce,<br>Tomato, Salsa<br>Spring Salad<br>Fruit Cup | BBQ Turkey Meatballs<br>Cheesy Mashed Potatoes<br>Broccoli Salad<br>WG Dinner Roll<br>Fresh Fruit          | WG Cheese Pizza<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Turkey Meatball Sub<br>WG Dinner Roll<br>Tossed Salad<br>WG Veggie Pasta Salad<br>Carrot Sticks<br>Spring Salad<br>Fruit Cup     |
| 21                                                                                                                   | 22                                                                                                                  | 23                                                                                                                   | 24                                                                                                                                            | 25                                                                                                         | 26                                                                                    | 27                                                                                                                               |
| WG Asian Beef Wrap<br>Air-fry Vegetables<br>WG Brown Rice<br>Spring Salad<br>Dressing<br>Fruit Cup                   | WG Chicken Parmesan Sandwich<br>WG Veggie Pasta Salad<br>Tossed Salad<br>Dressing<br>Fruit Cup                      | General Tso's Chicken<br>Fried Rice<br>Steamed Broccoli<br>WG Tortilla Wrap<br>Tossed Salad<br>Dressing<br>Pineapple | Chicken Pizza<br>Quesadilla<br>Veggie Quinoa Salad<br>Black Beans<br>Spring Salad<br>Dressing<br>Fruit Cup                                    | Penne w/ Beef Meat Sauce<br>Italian Green Beans<br>WG Dinner Roll<br>Spring Salad<br>Dressing<br>Fruit Cup | WG Cheese Pizza<br>Spring Salad<br>Carrot Sticks<br>Ranch Dressing<br>Fresh Fruit Cup | Grilled Chicken Ranch Wrap WG<br>WG Brown Rice<br>French Fries<br>Spring Salad<br>Red Pepper & Tomatoes<br>Dressing<br>Pineapple |
| 28                                                                                                                   | 29                                                                                                                  | 30                                                                                                                   |                                                                                                                                               |                                                                                                            |                                                                                       |                                                                                                                                  |
| Beef, Bean & Cheese Burrito WG<br>WG Brown Rice<br>Salsa<br>Pepper & Onions<br>Tossed Salad<br>Fruit Cup             | WG Cheese Calzone<br>Marinara Sauce<br>Roasted Cauliflower<br>Spring Salad<br>Dressing<br>Fruit Cup                 | WG Fish Taco<br>Lettuce<br>Black Bean & Corn Salad<br>Garden Salad<br>Dressing<br>Fruit                              |                                                                                                                                               |                                                                                                            |                                                                                       |                                                                                                                                  |

Milk is available at Lunch and Dinner