



Lunch

July 2025



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 |
| | | Korean Chicken BBQ WG Wrap Lo Mein Salad Broccoli Tossed Salad Fruit Cup | Vegetarian 5 Bean Chili with Cheese WG Tortilla Chips WG Brown Rice Corn Tossed Salad Dressing Watermelon | Cheeseburger Salad Wrap(WG)Lettuce, Tomato, Pickle Garden Salad Dressing Fruit | Closed Happy Holiday! | Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Chicken and Black Bean Nachos WG Tortilla Chips Corn Lettuce & Tomato Salsa Spring Salad Fruit Cup | Chicken Patty WG Bun Lettuce & Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup | GF Chicken Tenders WG Mac-N-Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup | Soft Beef Taco WG Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup | BBQ Turkey Meatballs Cheesy Mashed Potatoes Broccoli Salad WG Dinner Roll Fresh Fruit | WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Salad Carrot Sticks Spring Salad Fruit Cup |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| WG Asian Beef Wrap Air-fry Vegetables WG Brown Rice Spring Salad Dressing Fruit Cup | WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup | General Tso's Chicken Fried Rice Steamed Broccoli WG Tortilla Wrap Tossed Salad Dressing Pineapple | Chicken Pizza Quesadilla Veggie Quinoa Salad Black Beans Spring Salad Dressing Fruit Cup | Penne w/ Beef Meat Sauce Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup | WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Grilled Chicken Ranch Wrap WG WG Brown Rice French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Beef, Bean & Cheese Burrito WG WG Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup | WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup | WG Fish Taco Lettuce Black Bean & Corn Salad Garden Salad Dressing Fruit | Chicken Fajitas WG Spanish Brown Rice Refried Beans Lettuce, Cheese, Salsa Spring Salad, Dressing Fresh Fruit | Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup | WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup | Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup |
| 27 | 28 | 29 | 30 | 31 | | |
| Chicken Strips WG Dinner Roll WG Brown Rice Baby Carrots Spring Salad, Dressing Fresh Fruit | Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup | WG Grilled Chicken Wrap WG Veggie Pasta Salad Salad Choice of Dressing Fresh Fruit | Chili Cheese Nacho's WG Tortilla Chips Roasted Broccoli WG Brown Rice Spring Salad, Dressing Fruit Cup | Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad, Dressing Apple Slices | | |

Milk is available at Lunch and Dinner