



Lunch

July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 30	1	2	3	4	5	6
Asian Beef Wrap Stir Fry Vegetable Brown Rice Spring Salad Dressing Fruit Cup	WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup	General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	Chicken Pizza Quesadilla Black Bean & Quinoa Salad Spring Salad Dressing Fruit Cup	Closed Happy Holiday!	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
7	8	9	10	11	12	13
Black Bean & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	WG Fish Taco Black Bean and Corn Salad Lettuce Garden Salad Dressing Fresh Fruit	WG Chicken Fajitas Spanish Brown Rice Refried Beans Lettuce Cheese Salsa Fresh Fruit	Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Awesome Sloppy Joe, WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
14	15	16	17	18	19	20
Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	Chicken Gyro on WG Wrap Tzatziki Greek Salad, Couscous and Vegetable, Fresh Fruit	Chili Cheese Nachos WG Tortilla Chips Roasted Broccoli Brown Rice Spring Salad Fruit Cup	Spicy Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
21	22	23	24	25	26	27
Turkey & Cheese Roll-Ups, French Fries, Spring Salad, Dressing, Fruit Cup	Turkey Frank WG Bun Baked Beans Tossed Salad Orange Slices	Korean Turkey BBQ WG Wrap, Lo Mein Salad, Broccoli, Tossed Salad, Fruit Cup	Vegetarian 5 Bean Chili with Cheese WG Tortilla Chips Brown Rice Corn Tossed Salad Dressing Watermelon	Cheeseburger Salad WG Wrap, Lettuce, Tomato, Pickle, Garden Salad, Dressing, Fresh Fruit	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan, WG Penne, Tomato Sauce, Peppers & Onions, Spring Salad Dressing WG Breadstick Grapes
28	29	30	31			
Chicken and Black Bean Nachos, WG Tortilla Chips, Corn, Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce & Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	WG Chicken Mac-N-Cheese Casserole Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Soft Beef Taco Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup			