



Lunch

September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Carrot Sticks Spring Salad Fruit Cup
3	4	5	6	7	8	9
Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	Closed Happy Holiday!	General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	Chicken Pizza Quesadilla Veg. Quinoa Salad Spring Salad Dressing Pineapple	Beef & WG Macaroni Casserole Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
10	11	12	13	14	15	16
Black Beans & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	WG Fish Taco Lettuce Black Bean and Corn Salad Garden Salad Dressing Fresh Fruit	WG Chicken Fajitas Spanish Brown Rice Refried Beans Lettuce Cheese Salsa Spring Salad Fresh Fruit	Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
17	18	19	20	21	22	23
Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	WG Chicken Gyro Wrap Tzatziki Greek Salad Couscous & Veg Fresh Fruit	Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Dressing Fruit	Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
24	25	26	27	28	29	30
Turkey Cheese Roll-Ups French Fries Tossed Salad Dressing Fruit Cup	Awesome Sloppy Joe WG Roll Potato Chips Carrot Sticks Tossed Salad Fresh Fruit	Korean Turkey BBQ WG Wrap Lo Mein Salad Broccoli Spring Salad Fruit Cup	Bean & Vegetable Chili/ Cheese WG Tortilla Chips Brown Rice Corn Tossed Salad Dressing Watermelon	Turkey Frank on WG Bun Baked Beans Garden Salad Dressing Fruit Cup	WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad WG Breadstick Grapes

Milk is available at lunch