

# Lunch

## • March 2023 •



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Vegetable Chili/Cheese WG Tortilla Chips Brown Rice Corn Tossed Salad Dressing Watermelon	2 WG Chicken Parmesan Sandwich WG Veggie Pasta French Fries Salad Tossed Salad Fruit Cup	3 WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	4 Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad WG Breadstick Grapes
5 WG Chicken Nachos Black Beans Corn Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	6 Chicken Patty WG Bun Lettuce and Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	7 Chicken Tenders WG Mac-N-Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	8 Soft Turkey Taco Wrap Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	9 Open Faced Turkey WG Sandwich Mashed Potato Mixed Vegetables Sweet Potato WG Dinner Roll Tossed Salad Cinnamon Spiced Apples Gravy	10 WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	11 Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Carrot Sticks Spring Salad Fruit Cup
12 Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	13 Turkey Frank on WG Bun Baked Beans Garden Salad Orange Slices	14 General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	15 WG Baked Chicken Chimichanga Spanish Brown Rice Black Beans, Lettuce Salsa Spring Salad Fruit Cup	16 Beef & WG Macaroni Casserole Italian Green Beans WG Dinner Roll Spring Salad Dressing Fruit Cup	17 WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	18 Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
19 Black Beans & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	20 WG Cheese Calzone Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	21 Fish Sandwich on WG Bun Lettuce Veggie Pasta Salad Carrot Sticks Tossed Salad Fresh Fruit	22 WG Chicken Fajitas Spanish Brown Rice Refried Beans Lettuce Cheese Salsa Spring Salad Fresh Fruit	23 Pulled Pork WG Bun French Fries Coleslaw Spring Salad Dressing Fruit Cup	24 WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	25 Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
26 Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	27 Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	28 WG Turkey Burger Corn Roasted Sweet Potatoes Spring Salad Fresh Fruit	29 Tator Tot Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Fruit Cup	30 Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	31 WG Cheese Pizza Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	