



The New England Center
for Children®
Autism Education and Research

Lunch

•September 2022•

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
4	5	6	7	8	9	10
Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Closed in observance of Labor Day	Chicken Gyro WG Wrap Tzatziki Greek Salad Couscous Salad Fresh Fruit	Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Dressing Fruit Cup	Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
11	12	13	14	15	16	17
Turkey Cheese Roll-Ups French Fries Tossed Salad Dressing Fruit Cup	Awesome Sloppy Joe WG Roll Potato Chips Carrot Sticks Tossed Salad Fresh Fruit	Korean Turkey BBQ WG Wrap Lo Mein Broccoli Salad Fruit Cup	Bean & Vegetable Chili/ Cheese WG Tortilla Chips Brown Rice Tossed Salad Dressing Watermelon	Turkey Frank on WG Bun Baked Beans Garden Salad Dressing Orange Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes
18	19	20	21	22	23	24
WG Chicken Nachos Black Beans Corn Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce and Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	WG Chicken Mac-N- Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Beef Soft Taco Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	BBQ Turkey Meatballs Cheesy Mashed Potato Broccoli Salad WG Dinner Roll Fresh Fruit	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Fruit Cup
25	26	27	28	29	30	Oct, 1
Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup	General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	WG Chicken Taquitos Spanish Brown Rice Black Beans, Lettuce Salsa Spring Salad Dressing Fruit Cup	Beef & WG Macaroni Casserole Italian Green Beans Dinner Roll Spring Salad Dressing Fruit Cup	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple