



The New England Center  
for Children®  
Autism Education and Research

# Lunch

## • August 2022 •



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Meatball Sub WG Veggie Pasta Salad Green Beans Tossed Salad Dressing Fruit Cup	Chicken Gyro WG Wrap Tzatziki Greek Salad Couscous Salad Fresh Fruit	Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Dressing Fruit Cup	Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
7	8	9	10	11	12	13
Turkey Cheese Roll-Ups French Fries Tossed Salad Dressing Fruit Cup	Awesome Sloppy Joe WG Roll Potato Chips Carrot Sticks Tossed Salad Fresh Fruit	Korean Turkey BBQ WG Wrap Lo Mein Broccoli Salad Fruit Cup	Bean & Vegetable Chili/ Cheese WG Tortilla Chips Brown Rice Tossed Salad Dressing Watermelon	Turkey Frank on WG Bun Baked Beans Garden Salad Dressing Orange Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes
14	15	16	17	18	19	20
WG Chicken Nachos Black Beans Corn Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce and Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	WG Chicken Mac-N- Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Beef Soft Taco Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	BBQ Turkey Meatballs Cheesy Mashed Potato Broccoli Salad WG Dinner Roll Fresh Fruit	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Fruit Cup
21	22	23	24	25	26	27
Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup	General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	WG Chicken Taquitos Spanish Brown Rice Black Beans, Lettuce Salsa Spring Salad Dressing Fruit Cup	Beef & Macaroni Casserole Italian Green Beans Dinner Roll Spring Salad Dressing Fruit Cup	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
28	29	30	31			
Black Beans & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	Stuffed Breadsticks Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	Wg Fish Taco Lettuce Black Bean and Corn Garden Salad Dressing Fruit	Chicken Fajitas Spanish Rice Refried Beans Lettuce Cheese Salsa Fruit			