

Lunch

• June 2022 •



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Bean & Vegetable Chili/ Cheese WG Tortilla Chips Brown Rice Tossed Salad Dressing Watermelon	Turkey Frank on WG Bun Baked Beans Garden Salad Dressing Orange Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes
5	6	7	8	9	10	11
WG Chicken Nachos Black Beans Corn Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	Chicken Patty WG Bun Lettuce and Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	WG Chicken Mac-N- Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	Beef Soft Taco Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	BBQ Turkey Meatballs Cheesy Mashed Potato Broccoli Salad WG Dinner Roll Fresh Fruit	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Fruit Cup
12	13	14	15	16	17	18
Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup	General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	WG Chicken Taquitos Spanish Brown Rice Black Beans, Lettuce Salsa Spring Salad Dressing Fruit Cup	Beef & Macaroni Casserole Italian Green Beans Dinner Roll Spring Salad Dressing Fruit Cup	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
19	20	21	22	23	24	25
Black Beans & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	Stuffed Breadsticks Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	Wg Fish Taco Lettuce Black Bean and Corn Garden Salad Dressing Fruit	Chicken Fajitas Spanish Rice Refried Beans Lettuce Cheese Salsa Fruit	Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
26	27	28	29	30		
Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	Meatball Sub WG Veggie Pasta Saad Green Beans Tossed Salad Dressing Fruit Cup	Chicken Gyro WG Wrap Tzatziki Greek Salad Couscous Salad Fresh Fruit	Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Dressing Fruit Cup	Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices		