



Lunch

May 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 WG Chicken Nachos Black Beans Corn Spanish Brown Rice Lettuce & Tomato Salsa Spring Salad Fruit Cup	2 Chicken Patty WG Bun Lettuce and Tomato Carrot Sticks Ranch Dressing Corn Spring Salad Fruit Cup	3 WG Chicken Mac-N-Cheese Green Beans Tossed Salad Dressing WG Breadstick Fruit Cup	4 Beef Soft Taco Spanish Brown Rice WG Tortilla Chips Black Beans Cheese, Lettuce, Tomato, Salsa Spring Salad Fruit Cup	5 BBQ Turkey Meatballs Cheesy Mashed Potato Broccoli Salad WG Dinner Roll Fresh Fruit	6 WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	7 Turkey Meatball Sub WG Dinner Roll Tossed Salad WG Veggie Pasta Fruit Cup
8 Cheeseburger on WG Bun Lettuce and Tomato French Fries Carrot Sticks Spring Salad Dressing Fruit Cup	9 WG Chicken Parmesan Sandwich WG Veggie Pasta Salad Tossed Salad Dressing Fruit Cup	10 General Tso's Chicken Fried Rice Steamed Broccoli WG Wrap Tossed Salad Dressing Pineapple	11 WG Chicken Taquitos Spanish Brown Rice Black Beans, Lettuce Salsa Spring Salad Dressing Fruit Cup	12 Beef & Macaroni Casserole Italian Green Beans Dinner Roll Spring Salad Dressing Fruit Cup	13 WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	14 Grilled Chicken Ranch Wrap (WG) French Fries Spring Salad Red Pepper & Tomatoes Dressing Pineapple
15 Black Beans & Cheese WG Burrito Brown Rice Salsa Pepper & Onions Tossed Salad Fruit Cup	16 Stuffed Breadsticks Marinara Sauce Roasted Cauliflower Spring Salad Dressing Fruit Cup	17 Wg Fish Taco Lettuce Black Bean and Corn Garden Salad Dressing Fruit	18 Chicken Fajitas Spanish Rice Refried Beans Lettuce Cheese Salsa Fruit	19 Pulled Pork WG Bun Sweet Potato Fries Coleslaw Spring Salad Dressing Fruit Cup	20 WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	21 Awesome Sloppy Joe WG Roll Corn Spring Salad Ranch Dressing Fruit Cup
22 Chicken Strips WG Dinner Roll Brown Rice Baby Carrots Ranch Dressing Spring Salad Fruit Cup	23 Meatball Sub WG Veggie Pasta Saad Green Beans Tossed Salad Dressing Fruit Cup	24 Chicken Gyro WG Wrap Tzatziki Greek Salad Couscous Salad Fresh Fruit	25 Nachos Beef & Bean Chili Roasted Broccoli Brown Rice Spring Salad Dressing Fruit Cup	26 Buffalo Chicken Sandwich WG Bun French Fries Coleslaw Spring Salad Dressing Apple Slices	27 WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	28 Chicken Sausage Sub Pepper & Onions Potato Chips Baked Beans Spring Salad Dressing Fruit Cup
29 Turkey Cheese Roll-Ups French Fries Tossed Salad Dressing Fruit Cup	30 Awesome Sloppy Joe WG Roll Potato Chips Carrot Sticks Tossed Salad Fresh Fruit	31 Korean BBQ WG Wrap Lo Mein Broccoli Salad Fruit Cup	Bean & Vegetable Chili/ Cheese WG Tortilla Chips Brown Rice Tossed Salad Dressing Watermelon	Turkey Frank on WG Bun Baked Beans Garden Salad Dressing Orange Slices	WG Pizza Buffalo Chicken or Vegetable Spring Salad Carrot Sticks Ranch Dressing Fresh Fruit Cup	Chicken Parmesan WG Penne Tomato Sauce Peppers & Onions Spring Salad Dressing WG Breadstick Grapes